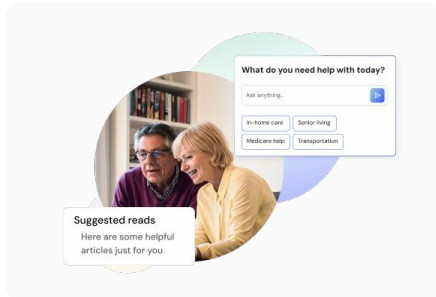




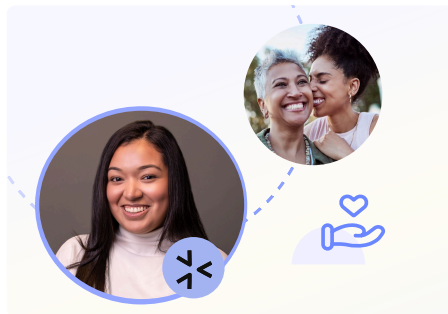
# Care Smarter

Make all the ways you care simpler and more rewarding. Take advantage of your benefit through your employer and let Homethrive be your partner in caregiving.



## 24/7 access to a wealth of resources

- Personalized care plans with actionable steps
- Instant, vetted answers from your Homethrive Assistant
- Medication tracking
- Educational articles, toolkits, videos, and podcasts



## Live assistance from experienced Care Guides

- Coach you through challenging situations
- Provide emotional support
- Save you time and energy by handling the research, making phone calls, and helping you tackle everyday tasks



Alzheimer's & dementia support



Disabilities & chronic conditions



Autism & learning disorders like ADHD



Veterans & VA Navigation



LGBTQ+ informed support



Medicare navigation



Hospice & bereavement



Legal & financial



Senior living & in-home support

## Spotlight: Child Care Hub

- Find same-day, next-day, or planned-ahead child care you can count on in the Homethrive Child Care Hub.
- Connect with background-checked sitters and nannies from our trusted child care provider network.
- Our smart tools help you describe and share your care needs in minutes.
- Use the Child Care Hub to arrange care, connect with your Care Guide, and explore caregiving resources for every stage.



Get started with Homethrive today! [app.homethrive.com](https://app.homethrive.com)

Use code **refresco** during registration

Now available for iPhone on the App Store.

