

# Here when you go on leave

Use your free caregiving benefit from Homethrive to support your own well-being while you care for someone else.

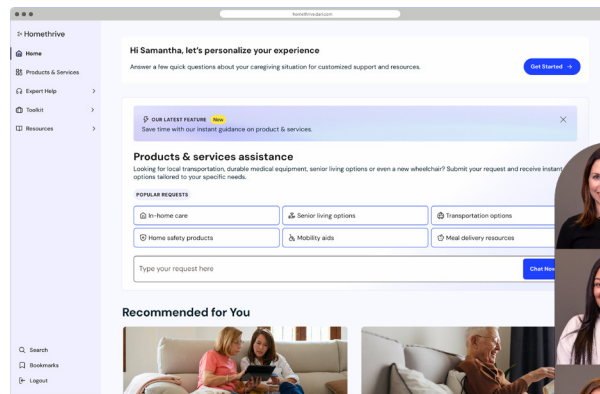
## Who We Are

As a caregiver, you understand the time and energy required to coordinate medical visits, run errands, conduct research, make calls, or navigate a new diagnosis.

That's where Homethrive comes in. Homethrive's online platform provides you and your Care Circle with curated articles, recommendations, live member events, tip sheets, and tools to help you every step of the way.

Using our expert Care Guide support, coordinate care during your leave, and plan for your return to work by preparing services that can help you strike a better balance.

Use Homethrive to secure the services you and your family need, so you can return to work stress-free.



## Who We Help

Whether you are considering or already actively taking family leave due to caregiving responsibilities, Homethrive is available through your employer.

Need extra support in caregiving for yourself due to an accident or illness? Homethrive has you covered there too.



## How We Help



### Home Services

Provide home safety guidance, arrange in-home care, assist with transportation



### Medical Navigation

Find local providers, navigate hospital discharges, provide disease education



### Housing

Compare living facilities, arrange moving services, identify affordable housing options



### Legal

Educate on advance directives and wills, find local attorneys



### Social + Emotional

Identify local support groups and social activities, provide self-care tips, help navigate family dynamics



### Financial

Navigate Medicare, Medicaid, and Social Security coverage and benefits, identify financial assistance programs

## Frequently Asked Questions

### Who can access Homethrive?

If your employer offers Homethrive, you and any of your family members can access Homethrive.

### How much does Homethrive cost?

Homethrive is available to you and your family members at no cost!

### How do I sign up?

Visit [app.homethrive.com/join](https://app.homethrive.com/join) and use your work email or registration code.

